Racquets fitness!centre

# Junior Timetable

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|
| **Junior Gym**<br>Age 11+<br>12pm – 5pm<br>**Squash**<br>Beginners<br>3.40pm – 4:20pm<br>Improvers<br>4:20pm – 5:00pm<br>**Emerald Dance**<br>3.00pm – 3:30pm<br>Pre-school Ballet<br>3:35pm – 4:20pm<br>Prep Ballet & Freestyle<br>4:20pm – 5:05pm<br>Cheerleading<br>5:05pm – 5:50pm<br>Art Acrobatics<br>5:50pm – 6:20pm<br>Freestyle | **Starlight Theatre Arts**<br>Little Stars<br>1-3 yrs<br>11am-12pm<br>**Junior Gym**<br>Age 11+<br>12pm – 5pm<br>**Louise Jane School of Dance**<br>3:30pm – 4pm<br>**Squash**<br>Beginners<br>3.40pm – 4:20pm<br>Improvers<br>4:20pm – 5:00pm<br>**Starlight Theatre Arts**<br>Young Performers<br>4-8 yrs<br>4.15-5.15pm | **Toddler squash**<br>18mths – 3 yrs<br>(with parent)<br>10 – 10.30am<br>(time tbc)<br>**Junior Gym**<br>Age 11+<br>12pm – 5pm<br>**Squash**<br>Improvers<br>3.40pm – 4:20pm<br>Beginners<br>4:20pm – 5:00pm<br>**Louise Jane School of Dance**<br>3:30pm – 7pm | **Junior Gym**<br>Age 11+<br>12pm – 5pm<br>**Squash**<br>Improvers<br>3.40pm – 4:20pm<br>Beginners<br>4:20pm – 5:00pm<br>**Starlight Theatre Arts**<br>Young Performers<br>4-8 yrs : 4-5pm<br>Theatre Group<br>9-11 yrs : 5-6pm<br>**Squash Elite**<br>5.20pm – 6.20pm<br>**A1 Martial Arts**<br>Kickboxing – 7 – 8pm<br>MMA – 8 – 9pm | **Creation Station**<br>9.45am<br>Little Explorers<br>15 months - 5 yrs<br>11am<br>Baby Discover<br>5 - 14 months<br>**Junior Gym**<br>Age 11+<br>12pm – 5pm<br>**Squash**<br>Beginners<br>3.40pm – 4:20pm<br>Improvers<br>4:20pm – 5:00pm | **SE Academy**<br>Kick Boxing<br>9:40-11:40am<br>**Ball skills**<br>Age 4-7<br>9.40am – 10.15am<br>**Squash**<br>Beginners<br>10.20am – 11am<br>Improvers<br>11.00am – 11.40pm<br>**Junior Gym**<br>Age 11+<br>12pm – Close | **Junior Gym**<br>Age 11+<br>12pm – Close<br>**Squash Club Night**<br>Intermediate and Elite juniors<br>4.40pm – 6pm |

**CONTACT DETAILS :** **Racquets Gym, Spin and Squash : 01844 261754** ***Starts 1st April 2018 (Term time only)***

**Starlight Theatre Arts : starlight-theatre-arts@hotmail.com / 07930 978356** **Kick Boxing : A1 - 07527 213291 / SE Academy- 07867 330440**

**Louise Jane School of Dance : 07720 610412** **Creation Station : Emma 01844 277 464** **Emerald Dance : Becky 07746 309784**